

Cardinal Classic

September 5, 2009

Plattsburgh State University

Men:

1. St. Lawrence

2	Daniel Ramsey, Jr	15:24.5	4:58
3	Jeremy Mwenda, Jr	15:25.4	4:59
5	Seth Jackson, So	15:42.1	5:04
8	Jacob Malcomb, Sr	15:51.6	5:07
9	Joshua LeBlanc, Jr	15:52.0	5:07
10	Jeremy Beaudette, Sr	15:55.6	5:08
11	Terrence Fox, Sr	15:57.3	5:09
Total Time = 1:18:15.5		Total Places = 27	

2. Plattsburgh

1	Mike Heymann, Jr	15:08.7	4:53
4	Seth Yernye, Sr	15:31.3	5:00
6	Bobby Grim, Jr	15:45.2	5:05
12	Alex Sico, Sr	16:07.2	5:12
13	Josh Mitchell, So	16:07.5	5:12
14	James Biondi, So	16:12.3	5:14
15	Chris Martin, Fr	16:20.7	5:16
Total Time = 1:18:39.7		Total Places = 36	

3. Clarkson

7	Alex Benway, So	15:50.7	5:07
16	Andrew Nadeau, Sr	16:33.6	5:21
17	Neal Campbell, So	16:53.7	5:27
18	Tim Sick, So	16:54.4	5:27
21	Conor Cullinane, Fr	17:10.2	5:32
22	Jeff Jones, So	17:29.4	5:38
23	Jerry D'Acchille, Sr	17:33.0	5:40
Total Time = 1:23:22.5		Total Places = 79	

4. Norwich

19	Michael Monaghan, Jr	17:02.2	5:30
20	Joseph Rosenthal, Fr	17:06.4	5:31
24	Samuel Spinrad, So	17:43.8	5:43

25	Michael Christopher, Jr	17:44.6	5:43
26	Richard Well, Fr	17:53.4	5:46
27	Seth Larimore, Fr	18:10.0	5:52
28	Joseph Santarelli, Fr	18:16.6	5:54
Total Time = 1:27:30.1		Total Places = 114	

5. Lion's Pride

29	Rob Noonan	19:53.5	6:25
30	Josh Mockus	20:05.6	6:29
31	Kewsi Burgess	20:37.9	6:39
32	Jordan Bieber	20:46.3	6:42
33	Bryan Mockus	21:42.9	7:00
34	Pete Hamm	22:52.2	7:23
35	Andrew Krug	23:00.4	7:25
Total Time = 1:43:05.9		Total Places = 155	

Women:

1. St. Lawrence

2	Wendy Pavlus, Jr	18:20.8	5:55
3	Jenna Hulton, So	18:21.7	5:55
5	Johannah Ludington, Sr	18:44.5	6:03
6	Megan Derby, Fr	19:19.0	6:14
7	Jackie Lemme, Fr	19:24.5	6:16
8	Hillary St. John, Sr	19:38.3	6:20
10	McKayla Nuffer, So	19:58.2	6:27
Total Time = 1:34:10.5		Total Places = 23	

2. Plattsburgh

1	Jenny Schaffhouser, Sr	17:53.2	5:46
4	Stefanie Braun, So	18:29.0	5:58
9	Julia Warren, Fr	19:55.9	6:26
11	Natasha Deguile, So	20:13.2	6:31
12	Krystal Yernye, Jr	20:16.2	6:32
13	Colleen Coon, Fr	20:22.2	6:34
14	Erin Keenan, So	20:51.5	6:44
Total Time = 1:36:47.5		Total Places = 37	

3. Clarkson

15	Maureen Hill, So	21:33.6	6:57
16	Audrey Keene, So	21:55.4	7:04
18	Bethann Parmelee, So	22:23.0	7:13
19	Jessica Hernandez, Fr	22:38.1	7:18

21	Sydney Laramie, Fr	23:09.8	7:28
22	Rachel Bachman, Fr	23:37.4	7:37
23	Alicia Perras, Jr	23:58.1	7:44
Total Time = 1:51:39.9		Total Places = 89	

4. Norwich

17	Mallory Clark, Fr	21:59.5	7:06
20	Jaelyn McElligot, Jr	22:59.1	7:25
24	Sarah Copeland, Fr	24:14.3	7:49
25	Jana Balcarova, Fr	25:54.0	8:21
26	Jessica Corl, Sr	26:38.4	8:36
27	Kylee Trelegan, Jr	27:12.2	8:47
28	Joy Palmer, So	27:41.8	8:56
Total Time = 2:01:45.3		Total Places = 112	